



BERNARD
FOOD INDUSTRIES, INC.®

LOW SODIUM, INSTANT NATURAL CHEESE FLAVORED SAUCE MIX

REORDER 308083

Bernard Low Sodium Cheese Sauce is so easy to prepare. Simply add the Cheese Sauce Mix to hot water, mix by hand with a wire whisk, allow sauce to stand for a few minutes, mix again briefly and it's ready to serve. This rich creamy cheese sauce is ideal for Au Gratin or Baked Potatoes, Cheesy Vegetables or Rice or for your Macaroni & Cheese dish.

This product is a Low Sodium version of our regular cheese sauces.

Any unused sauce can be refrigerated and then re-warmed for later use.

Note the cholesterol count of 0 milligrams per serving. And, best of all, it costs only pennies per serving.

Nutrition Facts

72 servings per container

Serv. size 1/4 cup prepared (13g mix)

Amount per serving

Calories 50

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol <5mg **1%**

Sodium 140mg **6%**

Total Carbohydrate 9g **3%**

Dietary Fiber 0g **0%**

Total Sugars <1g

Includes 0g Added Sugars **0%**

Protein <1g

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 0mg 0%

Potassium 15mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

YIELD PER CASE: 216 – 1/4 cup servings

PACK SIZE: 6 @ 16 oz. pouches

Ingredients: Maltodextrin, Modified Corn Starch, Creamer Powder (Palm Oil, Corn Syrup Solids, Sodium Caseinate, Mono And Diglycerides, Sodium Silico Aluminate), Cheese Blend (Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Whey, Butter [Cream, Salt], Buttermilk, Salt, Disodium Phosphate, Natural Flavor, Yellow #5 And Yellow #6), Natural Cheese Flavor, Romano Cheese ([Made From Cows Milk, Salt, Cheese Cultures, Enzymes], Whey, Disodium Phosphate, Lactic Acid), Xanthan Gum, Tetrasodium Pyrophosphate, Sunflower Oil, Disodium Inosinate And Disodium Guanylate, Natural Flavor, Soy Lecithin, Mustard Flour, Artificial Flavor, Yellow #5, Yellow #6.
Contains Milk, Soy