



BERNARD

FOOD INDUSTRIES, INC.®

SUGAR FREE LOW FAT
 CHOLESTEROL FREE

WHITE CAKE MIX

REORDER 539163

Bernard's Dietary Cake Mixes are sugar-free, sweetened with Ace-K sweetener and have fewer calories than regular cake mix. Great taste without the sugar, and a wide variety of flavors make Bernard's Dietary Cake Mixes the ideal choice for people on modified diets.

- Low-fat, and cholesterol-free.
- Newly formulated for a sweeter taste without the sugar.
- We offer 10 flavors of sugar-free dietary cake mixes.
- Easy to prepare - nothing to add but water.
- Suitable for people on modified diets, including sugar restricted diets, lowered calorie diets, low-fat and low-sodium diets.

Diabetic Exchange: One serving is approximately equal to 2 bread and ½ fat exchanges.

YIELD PER CASE: 144 – 2 oz. servings

PACK SIZE: 12 @ 16 oz. cans

Nutrition Facts

12 servings per container
Serv. size 1/12 cake (38g mix)

Amount per serving
Calories 140

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 1.5g	7%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 28g	10%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Sugar Alcohol 11g	
Protein 3g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1mg	6%
Potassium 70mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients : Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sorbitol, Maltodextrin, Shortening Powder (Palm Oil, Corn Syrup Solids, Sodium Caseinate, Dipotassium Phosphate, Monoglycerides, Sodium Silicoaluminate), Dried Egg White With Sodium Lauryl Sulfate, Lecithinated Soy Flour, Powdered Cellulose, Emulsifier (Propylene Glycol Mono And Diesters Of Fats And Fatty Acids, Mono And Diglycerides, Nonfat Milk, Palm Oil And Disodium Phosphate), Sodium Bicarbonate, Modified Corn Starch, Sodium Aluminum Phosphate, Monocalcium Phosphate, Guar Gum, Xanthan Gum, Artificial Flavor, Acesulfame Potassium. ** Contains Milk, Egg, Wheat, Soy