



**BERNARD**  
FOOD INDUSTRIES, INC.®

**DIET  
OATMEAL  
COOKIE MIX**

REORDER 539203

Bernard Food Industries, Inc., has always been the leader in the research and development of dietary foods. Again, adhering to the company policy of never sacrificing quality for the sake of producing a low-cost, low-quality product, our new **Dietary Cookie Mixes** becomes a real “treat” to the healthcare patient.

Made with only the finest of ingredients, taste is not sacrificed, not withstanding the dietary nature of this fine product.

These delicious **Cookie Mixes** can be prepared simply by adding water - no other additional ingredients need be added.

YIELD PER CASE: 192 – 1 oz. servings

PACK SIZE: 12 @ 16 oz. pouches

**Nutrition Facts**

16 servings per container  
**Serv. size 2 cookies (28g mix)**

**Amount per serving**  
**Calories 110**

	% Daily Value*
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 1.5g	<b>7%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 20mg	<b>1%</b>
<b>Total Carbohydrate</b> 19g	<b>7%</b>
Dietary Fiber 1g	<b>4%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
Sugar Alcohol 8g	
<b>Protein</b> 3g	
Vitamin D 0mcg	0%
Calcium 10mg	1%
Iron 1mg	4%
Potassium 200mg	4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients : Rolled Oats, Sorbitol, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Shortening (Palm Oil, Mono And Diglycerides, Polysorbate 60), Dried Egg White With Sodium Lauryl Sulfate, Lecithinated Soy Flour, Potassium Bicarbonate, Sodium Aluminum Phosphate, Artificial Flavor, Acesulfame Potassium.  
Contains Egg, Wheat, Soy