



**BERNARD**  
FOOD INDUSTRIES, INC.®

**LEMON  
SWEET 'N LOW  
BAKERY MIX**

REORDER 00400

- A brand new package for a proven product line.
- Sweet'N Low brand Bakery Mixes are the products that meet the needs and concerns of a growing number of today's consumers: sugar-free, low-fat, low-sodium and cholesterol-free.
- Customers can enjoy their favorite cakes, frosting, cookies, breakfast pancakes or crepes...and still meet their dietary goal
- Fast, simple preparation - requires only the addition of water.
- Products can be served in hospitals, nursing homes, and other healthcare establishments for patients with or without special dietary restrictions.

YIELD PER CASE: 60 – 2 oz. servings

PACK SIZE: 12 @ 8 oz.

**Nutrition Facts**

Serving Size 1/5 package (45g)  
Servings Per Container 5

Amount Per Serving

**Calories 160**      Calories from Fat 25

	% Daily Value *
<b>Total Fat 2.5 g</b>	<b>4%</b>
Saturated Fat 1 g	5%
Trans Fat 0 g	
<b>Cholesterol 0 mg</b>	<b>0%</b>
<b>Sodium 90 mg</b>	<b>4%</b>
<b>Total Carbohydrate 34 g</b>	<b>11%</b>
Dietary Fiber 1 g	5%
Sugars < 1 g	
Sugar Alcohol 14 g	
<b>Protein 3 g</b>	<b>7%</b>
Vitamin A	0%
Vitamin C	0%
Calcium	4%
Iron	6%

\* Percent Daily Values are based on a 2000 calorie diet. Your values may be higher or lower depending on your needs:

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

**Ingredients:** ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SORBITOL, EMULSIFIER (PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, MONO AND DIGLYCERIDES, NONFAT MILK, PALM OIL AND DISODIUM PHOSPHATE), CORN STARCH, MALTODEXTRIN, DRIED EGG WHITE WITH SODIUM LAURYL SULFATE, POWDERED CELLULOSE, POTASSIUM BICARBONATE, MODIFIED CORN STARCH, SODIUM ALUMINUM PHOSPHATE, LECITHIN POWDER (SOY LECITHIN, NONFAT MILK, MALTODEXTRIN), GUAR GUM, MONOCALCIUM PHOSPHATE, NATURAL FLAVOR, ARTIFICIAL FLAVOR, XANTHAN GUM, CITRIC ACID, ACESULFAME POTASSIUM, YELLOW #5.

Contains MILK, EGG, WHEAT, SOY